

HSA - Health and Safety Awareness

This Site Safety Plus course is a popular route for anyone looking to take their first step towards obtaining a CSCS Labourers (Green) Card.

This one day course can be for those who have entered, or are about to enter, the construction and civil engineering industry. The course gives candidates an awareness of health and safety and how it affects their daily role.

Course structure:

- ✓ Responsibilities for your own safety and the safety of others
- ✓ Typical construction hazards and how these are controlled
- ✓ Legal requirements and liabilities
- ✓ Working at height
- ✓ Manual Handling
- ✓ Fire prevention
- ✓ Work equipment

Course information:

The cost of this course includes all registration/certification fees and the publication – GE 707 - Safe Start

Duration: 1 day (approx 7 ½ hours)

Open course venues are usually Carlisle or Penrith.

If you have between 8 & 12 candidates you would like to book on a training course we will train at your premises subject to suitable training / meeting room and welfare facilities. This in house training option works out cheaper than booking individual candidates on separate training courses.

Entry requirements:

You must have a good understanding of spoken and written English. Please contact us if you have any concerns in this area.

Assessment and exams:

This is a highly interactive course delivered by means of case studies, classroom discussion, and group work. You will be continuously assessed and required to successfully complete a multiple choice test.

Qualifications/certification:

Upon successfully completing the course you will be awarded a CITB Site Safety Plus certificate.

For available dates, price and bookings please contact Cath on



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